

# **TECHNICAL DATA SHEET**

## # CTR-H Hemp Training Rope

Perfect rope for gym workout, for upper-body exercise and for tugof-war. Our training ropes are made of first grade quality raw material for an optimized durability.

Hemp rope is soft to the touch and doesn't burn the skin.





Barry Cordage Ltd.

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### **SPECIFICATIONS**

#### # CTR-H32-50

- 32 mm (1<sup>1</sup>/<sub>4</sub>") 4-strand hemp rope (natural fiber)
- Both ends finished with shrink tube
- Weight : 11.4 kg (25.1 lbs)
- Length : 15.2 m (50')

#### # CTR-H32-100

- 32 mm (1<sup>1</sup>/<sub>4</sub>") 4-strand hemp rope (natural fiber)
- Both ends finished with shrink tube
- Weight : 22.9 kg (50.5 lbs)
- Length : 30.5 m (100')

#### # CTR-H40-50

- 40 mm (1-9/16") 4-strand hemp rope (natural fiber)
- Both ends finished with shrink tube
- Weight : 18.2 kg (40.1 lbs)
- Length : 15.2 m (50')

#### # CTR-H40-100

- 40 mm (1-9/16") 4-strand hemp rope (natural fiber)
- Both ends finished with shrink tube
- Weight : 36.6 kg (80.7 lbs)
- Length : 30.5 m (100')